



Name	Date

1. When did I feel the most connected, engaged, or affirmed as a teacher this week? When did I feel most confident and competent with my skills?
2. When did I feel most disconnected, disengaged, or discouraged as a teacher this week? When did I doubt my competence and confidence?
3. If I could repeat this week, what would I do differently based on the learning and responses of my students?
4. What am I most proud of this week based on the learning and responses of my students?
5. Other thoughts about this week: